

What is Winter Sowing?

Springfield Organic Gardening Club
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Formal Definition: A propagation method used throughout the winter where temperate climate seeds are sown into protective vented containers and placed outdoors to foster a naturally timed, high percentage germination of climate tolerant seedlings.

Casual Definition: Winter sowing is the process of planting seeds in plastic containers, putting the containers outside for the winter and forgetting about them until the seedlings emerge in the spring. Yes, it really is that easy.

The idea is the containers act like mini greenhouses and protect the seeds from wildlife and any super harsh winter weather while they are exposed to weather fluctuation and the moisture of snow, sleet and rain as in nature if humans were not involved. Many people find much better germination rates with far healthier seedlings than starting the seeds indoors.

Benefits: Low cost, mimics nature's process of seed starting. Does not take up room indoors, no electrical heating or lighting or refrigeration required.

Tip for new Winter Sowers: In early winter, sow seeds of woody plants, hardy annuals, biennials and perennials. As winter progresses you may continue to sow hardy plant seed including cold-season vegetables, towards the very end of winter you can sow seeds of tender plants that need warm soil to sprout. Some seeds don't require winter weather to sprout but still benefit from Winter Sowing. Seeds germinated outdoors become acclimated and will not require hardening-off.

Seed Selection and Key Terms: Most seed catalogs and seed packets include germination requirements, or key terms. Look for the following:

Needs Pre-chilling (freeze seeds, refrigerate seeds, stratify for x amount of days or weeks), Needs Stratification, Will Colonize, Self-Sows, Sow outdoors in early Autumn, Sow outdoors in early Spring while nights are still cool, Sow outdoors in early Spring while frosts may still occur, Hardy Seeds, Seedlings can withstand frost, Can be direct sown early, Wildflower, Weed (ex: butterfly weed, joe pye weed, jewel weed).

Look for terms indicating a natural environment: Plains, Prairie, Desert, Mountain, Swamp, Field, River

Look for terms indicating origin in a temperate climate: Siberian, Chinese, Polar, Alpine, Orientale, Canadensis, Caucasian, Russian (Soviet origin).

Materials Needed:

Food grade plastic containers
Scissors and/or a sharp knife
Duct tape, freezer grade tape, or clear packing tape.
Sharpie, weather resistant marker, or pencil
Seed starting mix
Seeds
Water Source

Start Date: Winter Solstice (December 21st) through the time when evening temps are comfortable for you without a scarf or extra sweater.

1. **Collect and repurpose containers** found around your house. Plastic gallon, half-gallon milk jugs (no lids), takeout containers (clamshell or two-part containers with clear lids), and plastic tubs from pre-washed salad greens make excellent winter sowing containers. Experienced winter sowers prefer milk jugs. (Tall, lets light, air and water in, excess water out).

2. **Lose the cap.** If your container has a cap, definitely remove it. The top opening of a jug permits not only ventilation, but the necessary entry of rain, snow and sleet. Especially on sunny days, your greenhouse will heat up and become quite humid. The vented top will permit excess heat and humidity to escape.

3. **Make a hinged cover.** Just below the base of the handle, cut almost all the way around the jug, leaving a half-inch to one inch hinge. Use a pen-knife or scissors. You will use this hinge to check on seedlings and to open the container up in the spring to aerate the seedling, harden them off, and regulate temperature.

4. **Create holes for drainage** in the bottom and sides of the container. Soldering irons work best, heated Phillips head screw driver, scissors, or knife work too. Drainage is essential for the seedlings. Go for holes the width of a pencil: Six on the bottom, one on each side.

5. **Label your container** with duct tape or freezer grade tape and a waterproof, permanent marker. Write the name of the plant and date sown on the tape. Apply it to the underside of the container. Doing so helps prevent sunlight from fading the label. Or you may label the outside top of the container, but keep in mind the sun might fade it to where you can no longer read it by the time it is ready to plant. Create a second label for future garden use, use pencil and a store-bought seed flat label, or recycled mini-blinds and include the label in the soil mix. You can use this when you plant into the garden.

6. **Fill the container with 2-3 inches of soilless growing medium or potting soil**, available at garden centers and home improvement stores. Do not use potting mixes with herbicides that will prevent your seeds from sprouting. Look for or ask for organic potting and growing mixes.

7. **Soak the soil with water** and let drain thoroughly. Amend with vermiculite if it drains too slow.

8. **Sow your seeds** onto the soil surface. Very fine seed, such as that of foxgloves, perennial poppies, or lettuce, do not need to be covered. Otherwise, cover with a layer of soilless mix, sand, or vermiculite to the depth indicated by seed packet. No instructions? Plant seeds 2-3 times as deep as they are thick.

9. **Water gently again.** Use the spray attachment to your kitchen sink, a rain nozzle at the end of a watering can or wand, or a spray bottle. Do not to flood the seed.

10. **Close the hinged lid and secure in place** with 2-3 pieces of duct tape. You don't need to place the tape completely around the cut opening. Just be sure to add enough tape to ensure that the lid doesn't blow open.

11. **Set the container outside** in a spot where it will be exposed to the weather, but out of the way of most animals. The top of a picnic table makes a great spot, but the ground is just fine. Make sure the container is not protected by the eaves of your house, or it will dry out. Place them in a location where they will be safe from getting knocked or blown over and where you can get to them easily in the spring. Once they start sprouting you'll need to give them regular attention.

12. **Leave them alone** until they start to sprout and the weather warms. The beauty of the winter-sowing technique is that it requires no further intervention by the gardener until you see seedlings emerge as the weather warms.

13. **Don't let them get too hot!** As the weather warms, you need to open the tops during the day to keep the seedlings from baking in their greenhouses. It can get very warm inside. Regulate temperature by opening the lids during the day and closing them back up for the night. Or you may gradually add holes in the top as needed about once a week. The lids of your containers will need to remain in place until the weather warms, but could be opened if the sun is out and temperatures are above freezing (around 40-50°F).

14. **After sprouting, water as needed.** Some find it easier to water the jugs from the bottom. Set the jugs into a large tray filled with water and let them soak up the water through the bottom drainage holes. It takes a bit longer than trying to water them through the top holes, but it's easier on the seedlings and waters the mix more thoroughly. Eventually, lids may be left open or removed to allow seedlings to harden off completely.

Keep an eye on them. Some seedlings will grow more quickly and earlier than others. Keep an eye on each container. Note: *They can blow away.* Do protect them from fierce winds or storms by moving them to unheated shelter.

15. **Plant the seedlings in your garden!** The first set of leaves you will see are called the seed leaves or cotyledons, which nourish the plant until the next set of leaves called "true leaves". When they appear, and you are comfortable hard freezes are over, you may begin to transplant into permanent beds when the soil is workable or divide into pots.

When are you done? When you no longer feel like you need a scarf or sweater to be outside in the evening. The seedlings will be naturally hardened off by their exposure to the elements. So long as you plant them into the garden when the ground is ready, they'll survive just fine without additional nutrients.

Vegetables for Winter Sowing?

If you have challenges direct sowing vegetable seeds, eaten by birds or critters, desiccating or rotting in the soil, insects eating them, or there's insufficient germination (for whatever reason) try Winter Sowing your vegetable seeds. Good choices include but are not limited to:

Onions - Allium family
Shallots - Allium family
Garlic - Allium family
Chives - Allium family
Artichokes (zone seven and warmer)
Asian Vegetables (any)
Beans - Fabaceae family
Beets - Chenopodium family
Cabbage - Brassica family
Broccoli - Brassica family
Brussels sprouts - Brassica family
Kale - Brassica family
Collards - Brassica family
Carrots - Apiaceae family
Celery - Apiaceae family
Celeriac - Apiaceae family
Chard - Chenopodium family
Corn (select an "early" type which will germinate at lower temps)

Cucumbers - Cucurbit family
Squash - Cucurbit family
Pumpkins - Cucurbit family
Melons - Cucurbit family
Gourds - Cucurbit family
Herbs (edible & ornamental)
Kale - Brassica family
Leafy Greens
Lettuces - Asteraceae family
Eggplant - Nightshade family
Tomatoes - Nightshade family
Peppers - Nightshade family
Potatoes - Nightshade family
(from real seeds, not seed potatoes)
Parsnip - Apiaceae family
Peas - Fabaceae family
Radishes - Brassica family
Spinach - Amaranth family

Native Plant Seed List for USDA Zones 5-7

16 pages listing over 800 plants begins on page 12: goo.gl/hPQf3X

Internet Resources

Winter Sowing: wintersown.org (menu at bottom of page)

Winter Sowing Frequently Asked Questions [FAQ] : faq.gardenweb.com/faq/wtrsow/etable

Native Plant Database » Grow Native: grownative.org/native-plant-info/plant-picker

Google images: images.google.com (search for "winter sowing")

YouTube: youtube.com (search for "winter sowing")

Winter Sowing Discussion Group (Very Active): forums2.gardenweb.com/forums/wtrsow

Hardy Annuals for Winter Sowing

A hardy annual is typically tolerant of colder temperatures and is generally capable of reseeding in most gardens. Here's a list of hardy annuals suggestions for Winter Sowing. Tender annuals are recommended for sowing a month before your winter season ends.

Abronia umbellata (sand-verbena)	Dianthus chinensis (China pinks)	Myosotis dissitiflora (forget-me-not)
Adonis aestivalis (pheasant's eye)	Diascia barberi (twinspur)	Nemesia strumosa (Cape jewels)
Ageratum houstonianum (floss flower)	Dicranostigma franchetianum (bright-yellow poppy)	Nemophila (baby blue-eyes)
Agrostemma githago (corn cockle)	Dimorphotheca aurantiaca (Cape marigold)	Nicandra (shoo-fly)
Alonsoa acutifolia (maskflower)	Dracocephalum moldavica (Moldavian dragonhead)	Nicotiana (flowering tobacco)
Amaranthus caudatus (love-lies-bleeding)	Echium creticum (bugloss)	Nigella (love-in-the-mist)
Amberboa moschata (sweet sultan)	Emilia javanica (tassel flower)	Osteospermum (Star of the Veldt)
Anagallis indica (blue pimpernel)	Eschscholzia californica (California poppy)	Papaver (poppy)
Anchusa (bugloss)	Fagopyrum esculentum (buckwheat)	Petunia hybrida (petunias)
Alyssum maritimum (sweet alyssum)	Felicia bergeriana (kingfisher daisy)	Phacelia (scorpion weed)
Antirrhinum majus (snapdragons)	Gaillardia pulchella (blanket flower)	Phlox drummondii (drummond phlox)
Argemone mexicana (prickly poppy)	Gilia (bird's-eye)	Rehmannia angulata (Chinese foxgloves)
Asperula azurea (woodruff)	Godetia (fairyfan, farewell-to-spring)	Reseda odorata (mignonette)
Brachycome iberidifolia (swan river daisy)	Gypsophila (baby's breath)	Rudbeckia bicolor (gloriosa daisy)
Browallia demissa (bush violet)	Helianthus (sunflowers)	Salpiglossis sinuata (painted tongue)
Bupleurum rotundifolium (ox-eye daisy)	Helichrysum (strawflower)	Salvia splendens (scarlet sage)
Calandrinia grandiflora (red-maids)	Helipterum (paper daisy)	Sanvitalia procumbens (creeping zinnia)
Calendula (pot marigold)	Hunnamannia fumariifolia (Mexican tulip poppy)	Saponaria vaccaria (soapwort)
Callistephus (China aster)	Iberis (candytuft)	Scabiosa (pincushion flower)
Campanula (annual Canterbury bells)	Ionopsidium acaule (false diamond-flower)	Schizanthus pinnatus (butterfly flower)
Celosia (cockscomb)	Lathyrus odoratus (sweet peas)	Senecio elegans (ragwort)
Centaurea (cornflower)	Lavatera (annual mallow)	Silene armeria (none-so-pretty)
Centranthus macrosiphon (valerian)	Leonorus (lion's paws)	Specularia perfoliata (Venus' looking glass)
Chrysanthemum paludosum (mini-marguerite)	Limnanthes douglasii (poached-egg plant)	Thunbergia alata (clockvine)
Clarkia elegans	Limonium sinuatum (statice)	Tithonia rotundifolia (Mexican sunflower)
Collinsia bicolor (Chinese-houses)	Linaria bipartita (toadflax)	Torenia fournieri (wishbone flower)
Collomia coccinea (mountain-trumpet)	Linum (flax)	Trachymene caerulea (laceflower)
Consolida ajacis (Larkspur)	Lobularia (alyssum)	Tropaeolum (nasturtiums)
Convolvulus (dwarf/bush morning glory)	Lupinus (lupine)	Ursinia anethoides (dill-leaf ursinia)
Coreopsis tinctoria (calliopsis)	Lychnis (catchfly)	Vaccaria (cow soapwort)
Cosmos bipinnatus (tall cosmos)	Malcomia maritima (Virginian stock)	Venidium fastuosum (Cape daisy)
Cosmos sulphureus (sulphur cosmos)	Malope trifida (malope)	Viola tricolor (pansy)
Crepis rubra (hawks-beard)	Malva (mallow)	Viscaria (rose-of-heaven)
Cuphea ignea (fiery cuphea)	Matthiola bicornis (night-scented stock)	Xeranthemum (everlasting flower)
Cynoglossum (Chinese forget-me-not)		
Datura species (thorn-apple)		
Delphinium (larkspur)		

Common Flower Garden Perennials for Winter Sowing

Here's a list of common garden perennials, I've listed the plants by common names with their zone ranges included. The zone ranges are "suggested", many of these plants will be hardier beyond the zone listing. As always, you can do a bit of research on the seeds you want to try germinating with Winter Sowing to learn more about the plant and see if it will be happy in your own garden. If you're unsure as to any seed's ability to germinate via Winter Sowing where you are then do hold some seeds back to winter sow close to the very end of winter.

Aster 4-9	Evening Primrose 5-8	Pampas Grass 7-10
Artemesia 3-8	Everlasting Sweet Pea 5-9	Pasque Flower 5-7
Astilbe 4-8	False Indigo 3-9	Penstemon 3-8
Baby's Breath 4-9	Flax 5-9	Persian Buttercup 7-10
Balloon Flower 4-9	Foxglove (b 4-8) (p 3-8)	Peruvian Lily 7-10
Bee Balm 4-9	Fleabane 6-9	Phlox 4-8
Bellflower 3-8	Fountain Grass 6-9	Pigsqueak 3-8
Blanket Flower 3-10	Gaura 5-8	Pincushion Flower 3-8
Blue-Eyed Grass 5-8	German Statice 3-9	Pinks 3-9
Blue Fescue 4-9	Geum 5-7	Plumbago 5-9
Blackberry Lily 5-9	Globe Thistle 3-8	Poppy 4-9
Blazing Star 4-9	Goat's Beard 3-7	Prairie Coneflower 3-10
Blue Beard 7-10	Heather 5-8	Prairie Sunflower 4-10
Butterfly Weed 3-9	Helenium 4-8	Primrose 5-8
Broom 6-9	Iceplant 6-10	Pyrethrum 3-7
Cactus (varies by species, zones 3-10 included)	Hardy Hibiscus 5-10	Red Hot Poker 6-10
Canterbury Bells (b) 3-8	Helleborus 3-8	Rudbeckia 3-9
Carnation 4-8	Hollyhock 3-9	Rose Campion 4-8
Catmint 5-9	Hosta 3-9	Russian Sage 3-9
Candytuft 3-8	Iris 4-9	Salvia (varies by species 4-9)
Cinquefoil 5-8	Jack-in-the-Pulpit 5-9	Sea Holly 5-9
Chinese Lanterns 5-8	Jupiter's Beard 5-8	Sedum (varies by species 3-9)
Chrysanthemum 5-10	Joe-Pye Weed 5-8	Shasta Daisy 5-9
Clematis 5-9	Lamb's Ears 4-8	Sea Pink 6-8
Coral Bells 3-9	Leadwort 7-10	Snow-in-the-Summer 3-7
Coreopsis 4-10	Lily-of-the-Nile 6-10	Spurge 4-9
Coneflower 3-8	Lily-of-the-Valley 3-8	Sundrops 4-8
Cranesbill 5-8	Lily (Oriental varieties) 4-8	Toad Lily 4-9
Creeping Thyme 4-9	Lupine 4-8	Verbena 6-10
Cupid's Dart 5-10	Malva 4-8 Meadowsweet 3-8	Veronica 3-10
Daylily 4-10	Money Plant (b) 5-9	Viola 4-7
Delphinium 3-7	Mountain Bluet 3-8	Yarrow 3-10
English Daisy 4-8	Obediant Plant 4-8	
	Ox-Eye Daisy 3-8	

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Catmint 5-9	Hosta 3-9	Russian Sage 3-9
Candytuft 3-8	Iris 4-9	Salvia (varies by species 4-9)
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English Daisy 4-8	Obediant Plant 4-8	
	Ox-Eye Daisy 3-8	

Middle Climate Winter Sowing, Native Plants

Middle Zones ~ 5, 6 and 7

Here's a list of plants to try for the middle zones of 5, 6, and 7. The weather is less extreme during winter and summer than the other regions. Many, many plants will thrive and grow in this temperate climate. Please research your choices to see they are suited to your region.

Middle Zones Winter Sowing ~ Native Seed List

The Middle Zones ~ 5, 6 and 7

Abronia fragrans - sand verbena
Abronia villosa - desert sand verbena
Acacia angustissima - whiteball acacia
Acer grandidentatum - bigtooth maple
Acer leucoderme - chalk maple
Acer negundo - box elder
Acer pensylvanicum - striped maple
Acer rubrum - red maple
Acer saccharinum - silver maple
Acer saccharum - sugar maple
Aconitum columbianum - Columbian monkshood
Actaea pachypoda - white baneberry
Actaea racemosa var. racemosa - black cohosh
Actea rubra - red baneberry
Aesculus glabra - Ohio buckeye
Aesculus glabra var. arguta - Texas buckeye
Aesculus pavia var. pavia - red buckeye
Agarista populifolia - Florida hobblebush
Ageratina altissima var. altissima - white snakeroot
Ageratina havanensis - Havana snakeroot
Alettris farinosa - white colic-root
Allium canadense - meadow garlic
Allium cernuum - nodding onion
Allium stellatum - prairie onion
Allium tricoccum - wild leek
Allium validum - swamp onion
Alnus serrulata - brookside alder
Alnus viridis ssp. crispa - green alder
Amelanchier alnifolia - Saskatoon serviceberry
Amelanchier canadensis - Canadian service berry
Amelanchier laevis - Allegheny service-berry
Amianthium muscitoxicum - crow poison
Amorpha fruticosa - false indigo-bush
Ampelopsis arborea - peppervine
Amsonia ciliata - fringed bluestar
Amsonia tabernaemontana - eastern bluestar
Anaphalis margaritacea - pearly everlasting
Andropogon gerardii - big bluestem
Andropogon glomeratus - bushy bluestem
Andropogon ternarius - split-beard bluestem
Andropogon virginicus - broom-sedge
Anemone canadensis - Canada anemone
Anemone caroliniana - Carolina anemone
Anemone cylindrica- long-head thimbleweed
Anemone multifida - Pacific anemone

Anemone quinquefolia - wood anemone
Anemone virginiana - tall anemone
Anemopsis californica - yerba mansa
Aniscanthus quadrifidus var. wrightii - flame acanthus
Antennaria ssp. - pussytoes
Aphanostephus skirrhobasis - Arkansas doze-daisy
Apocynum androsaemifolium - spreading dogbane
Apocynum cannabinum - Indian hemp
Aquilegia caerulea - Rocky Mountain columbine
Aquilegia canadensis - red columbine
Aquilegia chrysantha - golden columbine
Aquilegia flavenescens - yellow columbine
Aquilegia formosa - scarlet columbine
Aralia nudicaulis - wild sarsparilla
Aralia racemosa - American spikenard
Aralia spinosa - devil's walkingstick
Arctostaphylos alpina - black bearberry
Arctostaphylos patula - green-leaf manzanita
Arctostaphylos uva-ursi - red bearberry
Argemone albiflora ssp. texana - white prickly poppy
Argemone munita - flat-bud prickly poppy
Arisaema draconitium - greendragon
Arisaema triphyllum - jack-in-the-pulpit
Arnica cordifolia - heart-leaf arnica
Arnica latifolia - daffodil arnica
Artemisia filifolia - silver sagebrush
Artemisia frigida - prairie sagebrush
Aruncus dioicus - goatsbeard
Aruncus dioicus var. vulgaris - sylvan goatsbeard
Asarum canadense - Canadian wild ginger
Asclepias asperula - antelope horns
Asclepias fascicularis - narrow-leaf milkweed
Asclepias humistrata - sandhill milkweed
Asclepias incarnata - swamp milkweed
Asclepias lanceolata - red milkweed
Asclepias speciosa - showy milkweed
Asclepias sullivantii - prairie milkweed
Asclepias tuberosa - butterfly milkweed
Asclepias verticillata - whorled milkweed
Asimina triloba - common pawpaw
Astragalus canadensis - Canadian milk-vetch
Atriplex canescens - four-wing saltbrush
Baptisia alba - white wild indigo
Baptisia australis - blue wild indigo
Baptisia bracteata var. leucophaea - plains wild indigo
Baccharis halimifolia - sea willow
Baccharis salicifolia - seep willow
Bacopa monnieri - water hyssop
Baileya multiradiata - showy desert marigold
Balsamorhiza hookeri - hairy balsamroot
Balsamorhiza sagittata - arrow-leaf balsamroot
Baptisia alba - white wild indigo
Baptisia australis - blue wild indigo
Baptisia bracteata var. leucophaea - plains wild indigo
Berlandiera lyrata - lyre-leaf greeneyes
Betula nigra - river birch

Betula papyrifera - paper birch
Betula populifolia - grey birch
Bignonia capreolata - crossvine
Blephilia ciliata - downy pagoda-plant
Borrchia frutescens - bushy seaside-tansy
Bouteloua curtipendula - side-oats grama
Bouteloua eriopoda - black grama
Bouteloua gracilis - blue grama
Bouteloua hirsuta - hairy grama
Bouvardia ternifolia - firecracker-bush
Bromus kalmi - prairie brome
Buchloe dactyloides - buffalo grass
Calla palustris - water dragon
Callicarpa americana - American beauty-berry
Callirhoe alcaeoides - pink poppy-mallow
Callirhoe digitata - finger poppy-mallow
Callirhoe involucrata - purple poppy-mallow
Callirhoe papaver - woodland poppy-mallow
Calochortus kennedyi - red mariposa-lily
Calochortus macrocarpus - sagebrush mariposa-lily
Calochortus nuttallii - mariposa lily
Caltha palustris - yellow marsh-marigold
Caltha leptosepala - white marsh-marigold
Calycanthus floridus - Carolina allspice
Calyophus berlandieri - squarebud primrose
Calyophus lavandulifolius - lavender-leaf primrose
Calyophus serrulatus - yellow evening primrose
Camassia quamash - common camas
Camassia scilloides - Atlantic camas
Campanula rotundifolia - bluebell-of-Scotland
Campanulastrum americanum - American bellflower
Campsis radicans - trumpet vine
Cardamine concatenata - cut-leaf toothwort
Cardamine diphylla - two-leaved cutwort
Carex stipata - stalk-grain sedge
Carpinus caroliniana - American hornbeam
Carya alba - mockernut hickory
Carya illinoense - pecan
Carya ovata - shag-bark hickory
Castanea pumila - Allegheny Chinkapin
Castilleja applegatei ssp. martini - desert paintbrush
Castilleja coccinea - scarlet Indian paintbrush
Castilleja indivisa - entire-leaf Indian paintbrush
Castilleja integra - squawfeather
Castilleja linariifolia - Wyoming Indian paintbrush
Castilleja miniata - meadow paintbrush
Castilleja rhexiifolia - rosy Indian paintbrush
Castilleja sessiliflora - Great Plains Indian paintbrush
Caulophyllum thalictroides - blue cohosh
Catalpa speciosa - northern catalpa
Caulophyllum thalictroides - blue cohosh
Ceanothus americanus - New Jersey tea
Ceanothus greggii var. vestitus - desert ceanothus
Ceanothus herbaceus - prairie redroot
Ceanothus velutinus - tobacco-brush
Celtis laevigata - sugarberry

Celtis occidentalis - common hackberry
Centaurea americana - American basket-flower
Cephalanthus occidentalis - common buttonbush
Cercis canadensis - redbud
Cercis canadensis var. texensis - Texas redbud
Cercocarpus montanus - mountain mahogany
Chamaecrista fasciculata - partridge pea
Chamaecrista nictans - sensitive pea
Chamaelirium luteum - fairywand
Chamerion angustifolium ssp. angustifolium - willow herb
Chamerion latifolium - dwarf fireweed
Chasmanthium latifolium - Indian wood-oats
Chelone glabra - white turtlehead
Chilopsis linearis - desert willow
Chionanthus virginicus - white fringetree
Chrysogonum virginianum - green-and-gold
Chrysopsis mariana - Marland golden-aster
Claytonia caroliniana - Carolina springbeauty
Claytonia lanceolata - lance-leaf springbeauty
Claytonia virginica - springbeauty
Clematis columbiana - purple virgin's-bower
Clematis crispa - swamp leather-flower
Clematis hirsutissima - sugarbowl
Clematis occidentalis var. occidentalis - purple clematis
Clematis pitcheri - bluebill
Clematis virginiana - virgin's bower
Cleome lutea - yellow beeplant
Cleome serrulata - Rocky Mountain beeplant
Clethra acuminata - mountain sweet-pepperbush
Clethra alnifolia - summer sweet
Clintonia borealis - yellow bluebead-lily
Clintonia umbellulata - white bluebead-lily
Cocculus carolinus - Carolina coralbead
Collinsonia canadensis - citronella horsebalm
Collomia linearis - narrow-leaf mountain trumpet
Commelina erecta - white-mouth dayflower
Comptonia peregrina - sweet-fern
Conoclinium coelestinum - blue mistflower
Cooperia drummondii - evening rain-lily
Coptis trifolia - three-leaf goldthread
Coreopsis auriculata - lobed tickseed
Coreopsis gladiata - coastal tickseed
Coreopsis grandiflora - large-flower tickseed
Coreopsis lanceolata - lance-leaf tickseed
Coreopsis palmata - stiff tickseed
Coreopsis tintctoria - golden tickseed
Coreopsis tripteris - tall tickseed
Coreopsis verticillata - whorled tickseed
Cornus alternifolia - alternate-leaf dogwood
Cornus canadensis - Canadian bunchberry
Cornus drummondii - rough-leaf dogwood
Cornus florida - flowering dogwood
Cornus racemosa - gray dogwood
Cornus sericea - red-twig dogwood
Corydalis sempervirens - pale corydalis
Cotinus obovatus - American smoketree

Crataegus marshallii - parsley hawthorn
Crataegus mollis - downy hawthorn
Crataegus opaca - river-flat hawthorn
Crataegus phaenopyrum - Washington hawthorn
Cyrilla racemiflora - swamp titi
Dalea candida var. candida - white prairie-clover
Dalea formosa - featherplume
Dalea frutescens - black prairie-clover
Dalea purpurea var. purpurea - purple prairie-clover
Dasiphora fruticosa ssp. floribunda - golden hardhack
Decodon verticillatus - swamp loosestrife
Delphinium barbeyi - subalpine larkspur
Delphinium carolinanum - Carolina larkspur
Delphinium carolinanum ssp. virescens - prairie larkspur
Delphinium glaucum - tower larkspur
Delphinium nuttallianum - two-lobed larkspur
Delphinium parishii - ocean-blue larkspur
Delphinium scaposum - bare-stem larkspur
Delphinium tricorne - dwarf larkspur
Desmanthus illinoensis - prairie bundle-flower
Desmodium canadense - showy tick-trefoil
Desmodium illinoense - Illinois tick-trefoil
Dicentra canadensis - squirrel corn
Dicentra cucullaria - dutchman's-breeches
Dicentra eximia - fringed bleedingheart
Dichelostemma capitatum ssp. capitatum - wild hyacinth
Diervilla sessilifolia - southern bush-honeysuckle
Dimorphocarpa wislizeni - spectacle pod
Diospyros virginiana - common persimmon
Dodecatheon amethystinum - amethyst shooting star
Dodecatheon jeffreyi - tall mountain shootingstar
Dodecatheon meadia - shooting star
Doellingeria umbellata var. umbellata - flat-top aster
Dracopis amplexicaulis - clasping coneflower
Dryas octopetala - white mountain avens
Dyssodia ssp. - dyssodia
Echinacea angustifolia - narrow-leaved purple coneflower
Echinacea pallida - pale purple coneflower
Echinacea paradoxa - yellow coneflower
Echinacea purpurea - eastern purple coneflower
Echinocereus engelmannii - strawberry cactus
Echinocereus fendleri - pink-flower hedgehog cactus
Elaeagnus cummutata - wolf willow
Elymus canadensis - Canadian wild rye
Empetrum nigrum - black crowberry
Encelia farinosa - brittlebush
Engelmannia peristenia - Engelmann's daisy
Epigaea repens - trailing arbutus
Epilobium canum ssp. latifolium - hummingbird trumpet
Epilobium obcordatum - rockfringe
Ericameria nauseosa ssp. nauseosa var. nauseosa - rabbitbrush
Erigeron compositus - dwarf mountain fleabane
Erigeron divergens - spreading fleabane
Erigeron modestus - prairie fleabane
Erigeron peregrinus - coastal fleabane
Erigeron pulchellus - robin's plantain

Erigeron speciosus - aspen fleabane
Eriogonum douglassi - Douglas' wild buckwheat
Eriogonum inflatum - Indian pipeweed
Eriogonum umbellatum - sulfur-flower wild buckwheat
Eriophyllum lanatum - Oregon sunshine
Erodium texanum - Texas stork's-bill
Eryngium leavenworthii - Leavenworth's enrygo
Eryngium yuccifolium - button snakeroot
Erysimum capitatum - prairie rocket
Erythrina herbacea - red cardinal
Erythronium albidum var. albidum - white trout lily
Erythronium americanum - american trout lily
Erythronium grandiflorum - dogtooth violet
Escholzia californica ssp. meixcana - Mexican gold poppy
Eucephalus ledophyllus var. ledophyllus - Cascade wayside-aster
Eunonymus americana - American strawberry-bush
Eunonymus atropurpurea - burning bush
Eunonymus obovata - running strawberry-bush
Eupatorium fistulosum - joe-pye-weed
Eupatorium maculatum - spotted joe-pye-weed
Eupatorium perfoliatum - common joe-pye-weed
Eupatorium purpureum - sweet scented joe-pye-weed
Eupatorium occidentale - western thoroughwort
Euphorbia corollata - flowering spurge
Euphorbia maculatum - spotted joe-pye-weed
Euphorbia marginata - snow-on-the- mountain
Eurybia macrophyllus - large leaf wood-aster
Eurybia sibirica - Siberian wood-aster
Eustoma exaltatum ssp. russellianum - prairie gentian
Euthamia graminifolia - flat-top goldenrod
Fagus grandifolia - American beech
Fallugia paradoxa - Apache plume
Fendlera rupicola - false mock orange
Filipendula rubra - queen-of-the-prairie
Forestiera pubescens var. pubescens - desert olive
Fothergilla gardenii - dwarf witch-alder
Fragaria virginiana - wild strawberry
Fragaria virginiana ssp. platypetala - western alpine strawberry Frangula caroliniana - Carolina false buckthorn
Fraxinus americana - white ash
Fraxinus pennsylvanica - green ash
Fritillaria pudica - yellow missionbells
Fritillaria recurva - scarlet missionbells
Gaillardia aestivalis var. aestivalis - parairie gaillardia
Gaillardia aristata - great blanket-flower
Gaillardia arizonica - Arizona blanket-flower
Gaillardia pinnatifida - yellow gailliardia
Gaillardia pulchella - Indian blanket
Gaillardia suavis - rayless gaillardia
Galium boreale - northern bedstraw
Galium triflorum - fragrant bedstraw
Gaultheria procumbens - eastern teaberry
Gaura biennis - biennial gaura
Gaura coccinea - scarlet gaura
Gaylussacia baccata - black huckleberry
Gelsemium sempervirens - Carolina jessamine

Gentiana andrewsii - closed bottle gentian
Gentiana calycosa - Rainier pleated gentian
Gentiana clausa - bottle gentian
Gentiana parryi - Parry's gentian
Gentiana saponaria - soapwort gentian
Gentianopsis crinita - greater fringed-gentian
Geranium carolinianum - Carolina cranesbill
Geranium maculatum - spotted cranesbill
Geranium viscosissimum - sticky wild geranium
Geum rivale - water avens
Geum triflorum - prairie smoke
Glandularia bipinnatifida var. bipinnatifida - prairie vervain
Gleditsia triacanthos - honey locust
Glycyrrhiza lepidota - American licorice
Grayia spinosa - spiny hop-sage
Gutierrezia sarothrae - broom snakeweed
Gymnocladus dioica - Kentucky coffee tree
Halesia diptera - American snowdrop tree
Hamamelis virginiana - American witch hazel
Hedysotum nigricans - bluets
Helenium autumnale - fall sneezeweed
Helianthus annuus - common sunflower
Helianthus debilis - cucumber-leaf sunflower
Helianthus giganteus - giant sunflower
Helianthus maximiliani - Maximillion sunflower
Helianthus pauciflorus ssp. pauciflorus - stiff sunflower
Helianthus petiolaris - prairie sunflower
Helianthus strumosus - woodland sunflower
Helianthus tuberosus - Jerusalem artichoke
Heliopsis multiflora var. multiflora - showy false goldeneye
Heliopsis helianthoides - ox-eye sunflower
Hepatica nobilis var. acuta - sharp-lobed hepatica
Hepatica nobilis var. obtusa - round-lobed hepatica
Heterotheca villosa var. villosa - golden-aster
Heuchera americana - American alumroot
Heuchera parviflora - little-leaf alumroot
Heuchera rubescens - red alumroot
Heuchera villosa - hairy alumroot
Hexastylis arifolia var. arifolia - heart-leaf ginger
Hexastylis shuttleworthii var. shuttleworthii - Shuttleworth's ginger
Hibiscus denudatus - rock hibiscus
Hibiscus moscheutos - crimson-eyed rose-mallow
Hibiscus moscheutos ssp. lasiocarpus - rose-mallow
Holodiscus dumosus - glandular oceanspray
Houstonia caerulea - innocence
Houstonia procumbens - round-leaf bluets
Hydrangea arborescens - wild hydrangea
Hydrastis canadensis - goldenseal
Hydrophyllum virginianum - Virginia waterleaf
Hymenocallis caroliniana - Carolina spider-lily
Hymenopappus artemisiifolius - woolly white
Hymenoxys hoopesii - orange sneezeweed
Hypericum hypericoides ssp. hypericoides - Saint Andrew's cross
Hypericum prolificum - shrubby St. John's-wort
Hypoxis hirsuta - eastern yellow star-grass
Ilex decidua - deciduous holly

Ilex opaca - American holly
Ilex verticillata - common winterberry
Ilex vomitoria - yaupon
Iliamna rivularis - streambank wild hollyhock
Ipomoea leptophylla - bush morning-glory
Ipomopsis aggregata ssp. *aggregata* - scarlet gilia
Jeffersonia diphylla - twinleaf
Juglans microcarpa - little walnut
Juglans nigra - black walnut
Kalmia angustifolia - sheep laurel
Kalmia latifolia - mountain laurel
Kalmia polifolia - swamp laurel
Koeleria macrantha - prairie koeler's grass
Kosteletzkya virginica - seashore mallow
Krascheninnikovia lanata - winterfat
Larrea tridentata - creosote bush
Layia glandulosa - white tidytops
Leckiaella brevifolia - gaping bush-beardtongue
Ledum groenlandicum - rusty Labrador-tea
Leersia oryzoides - rice cut grass
Leiophyllum buxifolium - sand myrtle
Lepidium montanum - mountain pepperwort
Lesquerella fendleri - Fendler's bladderpod
Lesquerella gordonii - Gordon's bladderpod
Lesquerella gracilis - spreading bladderpod
Leucothoe fontanesiana - highland doghobble
Lewisia rediviva - Oregon bitter-root
Liatris aspera - tall gayfeather
Liatris elegans - pink scale gayfeather
Liatris mucronata - cusp gayfeather
Liatris punctata - dotted gayfeather
Liatris pycnostachya - prairie blazingstar
Liatris spicata - dense gayfeather
Liatris squarrosa - scaly gayfeather
Lilium canadense - Canadian lily
Lilium catesbaei - southern red lily
Lilium michauxii - Carolina lily
Lilium michiganense - Michigan lily
Lilium philadelphicum - wood lily
Lindera benzoin - northern spicebush
Lindheimera texana - Texas yellowstar
Linnaea borealis - American twinflower
Linum lewisii var. *lewisii* - blue flax
Linum rigidum - large-flowered yellow flax
Liquidambar styraciflua - sweet gum
Liriodendron tulipifera - tulip tree
Lithospermum canescens - hoary puccoon
Lithospermum caroliniense - hairy puccoon
Lithospermum incisum - fringed gromwell
Lobelia cardinalis - Cardinal flower
Lobelia glandulosa - glade lobelia
Lobelia spicata - pale-spike lobelia
Lobelia siphilitica - great blue lobelia
Lobelia spicata - pale-spike lobelia
Lonicera albiflora - white honeysuckle
Lonicera involucrata - four-line honeysuckle

Lonicera sempervirens - coral honeysuckle
Lupinus breweri - matted lupine
Lupinus caudatus - Kellogg's spurred lupine
Lupinus concinnus - Bajada lupine
Lupinus perennis - wild lupine
Lupinus polyphyllus - meadow lupine
Lupinus sericeus - Pursh's silky lupine
Lysimachia ciliata - fringed yellow-loosestrife
Lysimachia quadrifolia - prairie loosestrife
Machaeranthera tanacetifolia - Tahoka daisy
Magnolia grandiflora - southern magnolia
Magnolia tripetala - umbrella magnolia
Magnolia virginiana - sweet-bay
Mahonia repens - creeping Oregon-grape
Maianthemum canadense - Canadian mayflower
Maianthemum dilatatum - two-leaf false Solomon's-seal
Maianthemum racemosum ssp. racemosum - false Solomon's-seal
Maianthemum stellatum - starry false Solomon's-seal
Malus ioensis - prairie crabapple
Marshallia casepitosa var. caespitosa - Barbara's buttons
Melampodium leucanthum - blackfoot daisy
Mentzelia laevicaulis - giant blazingstar
Menyanthes trifoliata - buck-bean
Mertensia ciliata - mountain bluebells
Mertensia virginica - Virginia bluebells
Mimosa borealis - pink mimosa
Mimosa microphylla - little-leaf mimosa
Mimulus bigelovii - yellow-throat monkey-flower
Mimulus cardinalis - scarlet monkey-flower
Mimulus guttatus - golden monkey-flower
Mimulus lewisii - great purple monkey-flower
Mimulus primuloides - yellow creeping monkey-flower
Mimosa microphylla - little-leaf mimosa
Minuartia obtusiloba - alpine stitchwort
Mirabilis multiflora - Colorado four-o'clock
Mitchella repens - partridge berry
Mitella diphylla - two-leaf bishop's-cap
Monarda citriodora - lemon beebalm
Monarda didyma - scarlet beebalm
Monarda fistulosa - Oswego tea
Monarda punctata ssp. punctata var. villicaulis - horsemint
Monardella odoratissima - mountain pennyroyal
Morella cerifera - southern bayberry
Morella pensylvanica - northern bayberry
Muhlenbergia capillaris - Gulf muhly
Muhlenbergia reverchonii - seep muhly
Myosotis asiatica - Asian forget-me-not
Myrica gale - sweetgale
Napaea dioica - glade mallow
Nemophila phaeceioides - large-flower baby-blue-eyes
Nolina microcarpa - Sacahuista bear-grass
Nolina texana - Texas bear-grass
Nuphar lutea - cow-lily
Nuphar lutea ssp. polysepala - pond-lily
Nymphaea odorata - American white water-lily
Nyssa sylvatica - black gum

Oenothera albicaulis - pale evening primrose
Oenothera biennis - common evening primrose
Oenothera brachycarpa - short-fruit evening primrose
Oenothera caespitosa - tufted evening primrose
Oenothera deltoides - desert evening primrose
Oenothera elata ssp. hookeri - giant evening primrose
Oenothera flava - long-tube evening primrose
Oenothera fruiticosa - narrow-leaf evening primrose
Oenothera macrocarpa - big-fruit evening primrose
Oenothera nuttallii - Nuttall's evening primrose
Oenothera primiveris - desert evening primrose
Oenothera rhombipetala - diamond-petal evening primrose
Oenothera speciosa - pink evening-primrose
Oligoneuron rigidum var. rigidum - stiff goldenrod
Opuntia acanthocarpa - staghorn cholla
Opuntia basilaris - beaver-tail cactus
Opuntia humifusa - prickly pear
Opuntia imbricata - tree cholla
Opuntia leptocaulis - christmas cholla
Opuntia phaeacantha - purple-fruited prickly pear
Opuntia polycantha - plains prickly-pear
Orontium aquaticum - goldenclub
Ostrya virginiana - eastern hop-hornbeam
Oxydendrum arboreum - sourwood
Pachysandra procumbens - mountain spurge
Packera aurea - golden ragwort
Packera cana - gray ragwort
Packera glabella - cress-leaf groundsel
Packera obovata - round-leaf groundsel
Packera paupercula - northern ragwort
Packera plattensis - prairie ragwort
Panicum virgatum - wand panic grass
Parthenium incanum - mariola
Parthenium integrifolium - wild quinine
Parthenocissus quinquefolia - Virginia creeper
Passiflora incarnata - purple passion-flower
Passiflora lutea - yellow passion-flower
Pectis angustifolia - lemonscent
Pedicularis groenlandica - bull elephant's-head
Penstemon albidus - red-line penstemon
Penstemon ambiguus - pink plains beardtongue
Penstemon angustifolius - broadbeard beardtongue
Penstemon australis - Eustis Lake beardtongue
Penstemon barbatus - beardlip beardtongue
Penstemon buckleyi - Buckley's beardtongue
Penstemon canescens - eastern gray beardtongue
Penstemon cobaea - cobaea beardtongue
Penstemon davidsonii - timberline beardtongue
Penstemon deustus - hot-rock beardtongue
Penstemon digitalis - foxglove penstemon
Penstemon eatonii - firecracker penstemon
Penstemon fendleri - Fendler's beardtongue
Penstemon gracilis - slender penstemon
Penstemon grandiflorus - large-leaved penstemon
Penstemon hirsutus - hairy beardtongue
Penstemon jamesii - James' beardtongue

Penstemon laetus - western gray beardtongue
Penstemon murrayanus - scarlet beardtongue
Penstemon pallidus - pale beardtongue
Penstemon palmeri - scented beardtongue
Penstemon rostriflorus - beaked beardtongue
Penstemon smalli - Small's beardtongue
Penstemon strictus - Rocky Mountain beardtongue
Petrophyton caespitosum - Rocky Mountain rockmat
Phacelia sericea - purplefringe
Phlox andicola - prairie phlox
Phlox carolina - Carolina phlox
Phlox diffusa - spreading phlox
Phlox divaricata - wild blue phlox
Phlox divaricata ssp. laphamii - Sweet William
Phlox glaberrima ssp. interior - marsh phlox
Phlox latifolia - mountain phlox
Phlox longifolia - long-leaf phlox
Phlox pilosa - downy phlox
Phlox speciosa ssp. occidentalis - showy phlox
Phlox stolonifer a- creeping phlox
Phlox subulata - moss phlox
Phlox stansburyi - cold-desert phlox
Phragmites australis - common reed
Physocarpus opulifolius - Atlantic ninebark
Physotegia digitalis - finger false dragonhead
Physotegia intermedia - slender false dragonhead
Physotegia virginiana - obedient plant
Phyllodoce empetriformis - pink mountain-heath
Pinguicula lutea - yellow butterwort
Pinguicula pumila - dwarf buttercup
Pityopsis graminifolia var. graminifolia - grass-leaved golden-aster
Platanus occidentalis - American sycamore
Platystemon californicus - California creamcups
Poa arachnifera - Texas blue grass
Podophyllum peltatum - May apple
Polemonium foliosissimum - towering Jacob's ladder
Polemonium occidentale - western Jacob's ladder
Polemonium pulcherrimum - beautiful Jacob's ladder
Polemonium reptans - Greek valerian
Polemonium viscosum - sticky Jacob's ladder
Poliomontha incana - hoary rosemary-mint
Populus balsamifera - balsam poplar
Populus deltoides - eastern cottonwood
Populus tremuloides - quaking aspen
Porteranthus trifoliatus - bowman's root
Potentilla arguta - prairie cinquefoil
Potentilla glandulosa - sticky cinquefoil
Potentilla nivea - snowy cinquefoil
Potentilla simplex - common cinquefoil
Prenanthes alba - white rattlesnake-root
Prosobis glandulosa - honey mesquite
Prunus mexicana - Mexican plum
Prunus nigra - Canadian plum
Prunus serotina - black cherry
Prunus virginiana - choke cherry
Pseudognaphalium obtusifolium ssp. obtusifolium - blunt-leaf rabbit tobacco

Psilotrophe cooperi - white-stem paper flower
Psilotrophe tagetina - woolly paper-flower
Psoralea fremontii var. fremontii - Fremont indigo bush
Ptelea trifoliata - common hoptree
Pulsatilla patens ssp. multifida - pasqueflower
Purshia stansburiana - quinine bush
Pulsatilla patens ssp. multifida - pasqueflower
Pyrola asarifolia - pink wintergreen
Pyrola elliptica - shinleaf
Quercus alba - northern white oak
Quercus coccinea - scarlet oak
Quercus gambelli - Rocky Mountain white oak
Quercus macrocarpa - burr oak
Quercus marilandica - blackjack oak
Quercus michauxii - swamp chestnut oak
Quercus muehlenbergii - Chinkapin oak
Quercus palustris - pin oak
Quercus phellos - willow oak
Quercus rubra - northern red oak
Quercus stellata - post oak
Quercus virginiana - coastal live oak
Ranunculus abortivus - early wood buttercup
Ranunculus alismifolius - meadow buttercup
Ranunculus cardiophyllus - heart-leaf buttercup
Ranunculus fascicularis - tufted buttercup
Ranunculus occidentalis - western buttercup
Ratibida columnifera - red-spike Mexican hat
Ratibida pinnata - grey-head Mexican hat
Rhexia mariana - Maryland meadow beauty
Rhexia virginica - meadow beauty
Rhodiola integrifolia ssp. integrifolia - rosewort
Rhododendron arborescens - smooth azalea
Rhododendron calendulaceum - flame azalea
Rhododendron canadense - rhodora
Rhododendron canescens - mountain azalea
Rhododendron catawbiense - purple rhododendron
Rhododendron maximum - great laurel
Rhododendron oblongifolium - Texas azalea
Rhododendron periclymenoides - pink azalea
Rhododendron prinophyllum - early azalea
Rhododendron vaseyi - pink-shell azalea
Rhododendron viscosum - swamp azalea
Rhus aromatica - fragrant sumac
Rhus copallinum - winged sumac
Rhus glabra - smooth sumac
Rhus lanceolata - prairie sumac
Rhus micropylla - little-leaf sumac
Rhus typhina - staghorn sumac
Rhyncospora latifolia - sand-swamp whitetop
Ribes aureum - golden currant
Ribes aureum var. villosum - buffalo currant
Ribes laxiflorum - trailing black currant
Robinia hispida - bristly locust
Robinia pseudoacacia - black locust
Rosa acicularis - wild rose
Rosa arkansana var. suffulta - prairie rose

Rosa carolina - Carolina rose
Rosa palustris - swamp rose
Rosa setigera var. tomentosa - Illinois rose
Rosa nutkana - Nootka rose
Rosa woodsii - Wood's rose
Rubus parviflorus - western thimbleberry
Rubus odoratus - purple-flowering raspberry
Rudbeckia fulgida - orange coneflower
Rudbeckia grandiflora var. alismifolia - large coneflower
Rudbeckia hirta - black-eyed susan
Rudbeckia laciniata - cut-leaf coneflower
Rudbeckia triloba - brown-eyed susan
Ruellia caroliniensis - Carolina wild petunia
Ruellia humilis - fringe-leaf wild petunia
Sabal minor - dwarf palmetto
Sabatia angularis - rose-pink
Sabatia campestris - meadow pink
Sabatia dodecandra - large marsh-pink
Sagittaria latifolia - arrowhead
Salix discolor - pussy willow
Salvia azurea var. grandiflora - blue sage
Salvia columbariae - California sage
Salvia lyrata - lyre-leaf sage
Sambucus nigra ssp. caerulea - black elder
Sambucus nigra ssp. canadensis - common elder
Sambucus racemosa var. racemosa - scarlet elder
Sambucus racemosa var. melancarpa - silver buffalo-berry
Sanguinaria canadensis - bloodroot
Sapindus saponaria var. drummondii - soapberry
Sassafras albidum - sassafras
Saururus cernuus - lizard's tail
Saxifraga bronchialis - yellow-spot saxifrage
Schizachyrium scoparium - little false bluestem
Sedum nuttallianum - yellow stonecrop
Sedum ternatum - woodland stonecrop
Senecio pseudoarnica - seabeach senecio
Shepherdia argentea - silver buffalo-berry
Shepherdia canadensis - russet buffalo-berry
Shortia galacifolia - Oconee-bells
Sideroxylon lanuginosum ssp. oblongifolium - gum elastic tree
Silene acaulis - moss campion
Silene caroliniana - sticky catchfly
Silene douglasii - seabluff catchfly
Silene regia - royal catchfly
Silene stellata - starry campion
Silene virginica - fire-pink
Silphium integrifolium - entire-leaf rosinweed
Silphium laciniatum - compass plant
Silphium perfoliatum - cup plant
Sisyrinchium albidum - white blue-eyed grass
Sisyrinchium angustifolium - narrow leaf blue-eyed-grass
Sisyrinchium campestre - prairie blue-eyed grass
Sisyrinchium montanum - strict blue-eyed grass
Solidago caesia - blue-stemmed goldenrod
Solidago canadensis - Canadian goldenrod
Solidago flexicaulis - zigzag goldenrod
Solidago juncea - plume goldenrod

Solidago missouriensis - Missouri goldenrod
Solidago multiradiata - Rocky Mountain goldenrod
Solidago nemoralis - gray goldenrod
Solidago odora - sweet goldenrod
Solidago rugosa - rough-leaved goldenrod
Solidago sempervirens - seaside goldenrod
Solidago speciosa - showy goldenrod
Solidago ulmifolia - elm-leaf goldenrod
Sophora affinis - Eve's necklace-pod
Sorbus americana - American mountain-ash
Sorbus scopulina - Cascade mountain-ash
Sorghastrum nutans - yellow Indian grass
Spartina pectinata - prairie cord grass
Sphaeralcea ambigua - apricot globe-mallow
Sphaeralcea coccinea - scarlet globe-mallow
Sphaeralcea parviflora - small-leaf globe-mallow
Spigelia marilandica - woodland pinkroot
Spiraea alba - white meadowsweet
Spiraea alba var. latifolia - meadowsweet
Spiraea splendens var. splendens - subalpine spiraea
Spiraea tomentosa - steeplebush
Sporobolus heterolepis - prairie dropseed
Stanleya pinnata - golden prince's-plume
Stewartia malacodendron - silky camellia
Stewartia ovata - mountain camellia
Stokesia laevis - stoke's aster
Streptopus lanceolatus var. roseus - rosy twistedstalk
Stylophorum diphyllum - celadine poppy
Symphoricarpos orbiculatus - coral berry
Symphyotrichum ascendens - Pacific aster
Symphyotrichum divaricatum - white wood aster
Symphyotrichum drummondii var. drummondii - arrow aster
Symphyotrichum ericoides var. ericoides - heath aster
Symphyotrichum foliaceum var. foliaceum - leafy aster
Symphyotrichum laeve var. laeve - smooth aster
Symphyotrichum novae-angliae - New England American aster
Symphyotrichum oblongifolium - aromatic American aster
Symphyotrichum oolentangiense - sky-blue American aster
Symphyotrichum pilosum var. pilosum - frost aster
Symphyotrichum puniceum var. puniceum - swamp aster
Symphyotrichum sericeum - western silver American aster
Symplocarpus foetidus - skunk cabbage
Tephrosia virginiana - goat's rue
Tetrameuris acaulis var. acaulis - butte marigold
Tetrameuris scaposa var. scaposa - yellow daisy
Tetrameuris grandiflora - alpine sunflower
Teuchrium laciniatum - lacy germander
Thalictrum dasycarpum - purple meadow rue
Thalictrum dioicum - early meadow rue
Thalictrum fendleri var. polycarpum - meadow rue
Thalictrum pubescens - king-of-the-meadow
Thalictrum thalictroides - rue anemone
Thelesperma filifolium var. filifolium - showy Navajo tea
Thermopsis montana - golden pea
Thlaspi montanum var. fendleri - penny cress
Tiarella cordifolia - heart-leaf foamflower

Tilia americana - American linden
Townsendia exscapa - Easter daisy
Tradescantia bracteata - long-bract spiderwort
Tradescantia occidentalis - prairie spiderwort
Tradescantia ohiensis - Ohio spiderwort
Tradescantia virginiana - Virginia spiderwort
Tridens flavus - tall redtop
Trientalis borealis ssp. *borealis* - starflower
Trillium cernuum - nodding trillium
Trillium erectum - purple trillium
Trillium grandiflorum - large-flowered trillium
Trillium ovatum - coast trillium
Trillium sessile - red trillium
Trillium undulatum - painted trillium
Tripsacum dactyloides - eastern mock grama
Trollius laxus - American globeflower
Typha latifolia - broad-leaf cattail
Ulmus americana - American elm
Ulmus crassifolia - cedar elm
Uvularia grandiflora - large flowered bellwort
Uvularia sessilifolia - merrybells
Vaccinium angustifolium - late lowbush blueberry
Vaccinium arboreum - huckleberry
Vaccinium caespitosum - dwarf huckleberry
Vaccinium corymbosum - highbush blueberry
Vaccinium stamineum - deerberry
Vaccinium uliginosum - bog blueberry
Vaccinium stamineum - deerberry
Vaccinium vitis-idaea - northern mountain cranberry
Verastrum californicum - corn lily
Verbena canadensis - rose mock vervain
Verbena gooddingii - southwestern vervain
Verbena hastata - blue verbena
Verbena stricta - hoary verbena
Vernonia baldwinii - western ironweed
Vernonia gigantea ssp. *gigantea* - tall ironweed
Vernonia noveboracensis - New York ironweed
Veronicastrum virginicum - culver's root
Viburnum acerifolium - maple-leaf viburnum
Viburnum dentatum - southern arrow-wood
Viburnum edule - squashberry
Viburnum lantanoides - hobblebush
Viburnum prunifolium - smooth blackhaw
Viburnum rufidulum - rusty blackhaw
Viola affinis - sand violet
Viola canadensis - Canadian white violet
Viola labradorica - alpine violet
Viola missouriensis - Missouri violet
Viola palmata - early blue violet
Viola pedata - bird-foot violet
Viola pedatifida - prairie violet
Viola pubescens - downy yellow violet
Viola rostrata - long-spur violet
Viola sororia - meadow violet
Vitis rotundifolia - muscadine
Wisteria frutescens - American wisteria

Wyethia amplexicaulis - northern mule's ears
Xanthisma texanum - Texas sleepy daisy
Xylorhiza tortifolia var. tortifolia - Mojave woody aster
Xyris ssp. - yellow-eyed grass
Yucca arkansana - Arkansas yucca
Yucca baccata - banana yucca
Yucca brevifolia - Joshua tree
Yucca glauca - soapweed glauca
Zenobia pulverulenta - honeycup
Zephyranthes atamasco - rain lily
Zinnia grandiflora - Rocky Mountain zinnia
Zizia aurea - golden alexanders