

Cabin Fever Soup

1 lb. lean ground meat cooked (option is turkey meat in place of red meat)
2 cans Minestrone Soup reduced sodium
1 can Ranch Style Beans (or beans of your choice)
1 8 oz block Fontina Cheese (or a similar soft cheese that can melt and blend)
1 can Original Rotel Diced Tomato and Green Chilies (for less spiciness use petite diced tomatoes)

You can add some water or broth if you prefer a thinner consistency to your soup.

Mix all together and let simmer while the cheese melts.